

James Garrett, CSW is a licensed clinical social worker in New York State. He received his Masters in Social Work from Syracuse University in 1972. He has worked in the addictions field for the past 35 years. His work in addictions has included: Staff and supervisory positions in outpatient treatment; administrative work as Acting Deputy Commissioner for the NYS Division of Alcoholism and Alcohol Abuse; Executive Director of a treatment facility; international trainer; program consultant, and co-investigator on several regional, national and international grants, including a National Institute on Drug Abuse (NIDA) research grant.

He is currently in private practice in Albany, NY specializing in ARISE Interventions and treatment of individuals and families affected by addiction. In addition, he serves as Vice-President of Linking Human Systems™ - a training, Intervention, research and consulting company specializing in ARISE Interventions and systemic treatment of addictions and other chronic illnesses.

In addition to his other publications, Mr. Garrett is the principal author of 4 peer-reviewed journal articles on Intervention and has co-authored another 5 articles related to treatment outcomes and Intervention. He has co-authored several treatment/training manuals:

Garrett, J. & Landau, J. (1998). *ARISE: A Relational Intervention Sequence for Engagement—Training Manual for Certified ARISE Interventionists*. Boulder, CO: Linking Human Systems™.

Landau, J. & Garrett, J. (1998). *ARISE: A Relational Intervention Sequence for Engagement—Training Manual for Supervisors and Trainers*, Boulder, CO: Linking Human Systems™

Landau, J. & Garrett, J. (1998). *Transitional Family Therapy Treatment Manual For Use With Adolescent Alcohol Abuse And Dependence*, Boulder, CO: Linking Human Systems,™.

Garrett, J., Horwitz, S., Kabat-Stellato, D., Landau-Stanton, J., Smith, M., Stanton, M.D., and Stellato-Kabat, J. (1992). *Base Manual of the International Center for Addiction and AIDS Training's (ICAAT) Approach to Chemical Dependency Training*. Rochester, NY: University of Rochester.

The *Transitional Family Therapy Treatment Manual* is currently being tested against a group treatment model in a NIAAA research project with adolescent alcohol abuse and dependence.

His awards include listing in Who's Who in American Athletes and Who's Who in America. He is a member of the National Association of Social Workers, the Association of Intervention Specialists and the Collaborative Family Health Care Coalition.

He has participated in over 500 Interventions and has provided Intervention training to treatment providers in the US and other countries including Hungary and Belgium. He has done workshops and training nationally and internationally and presented at a number of national and international meetings.